



Invitation to the 15. international Glücksburger Förde-Crossing

3 km of open water swimming race across the Flensburger Förde



GLÜCKSBURG
Ostsee

German Live- Saving-
Organisation
Glücksburg e.V.

- promoter: DLRG Glücksburg e.V.
- contest: 3 km of open water swimming
- date: Saturday, August 11th, 2012
- place: Glücksburg, DLRG Station Sandwig at Glücksburg beach
- start: Sønderhav / Danmark ca.16.05
- finish: Glücksburg / Germany
- conditions for participation: physical fitness, 16 years and older, competition fee paid
The max. attendance is 450 !
- water: ca. 15 - 22 °C, salty
- equipment: You will be required to wear a neoprene suit. Eventually the requirement will be altered on the day of the race, depending on the temperature of the water. Fins and other equipments are not allowed. You have to wear a bathing cap for reasons of safety which you get from us. The chronometry transponder is to be attached visibly onto the arm.
- deadline: July 18th, 2012 (online), re-registrations are not possible. Please take an identity card with you.
- entry fee: 33,00 Euros (including 3 Euros rental for the transponder chip). You have to pay the entry fee to an account that will be announced via e-mail. If you notify us before 18.07.2012 that you won't attend the race you will get the entry fee minus a processing fee of 10,00 Euros back.
- event T-Shirts: You can order an event T-Shirt for 15 Euros at the registration. You can't cancel the order of the T-Shirts. If you don't participate you will get the shirt by paying us the Porto. Quality details: 180 g/m² cotton with a Förde-Crossing Logo.
- login: **420 tickets online: logins only at www.foerdecrossing.de or at www.stgk.de**
- The last 30 tickets will be sold at 03.08.2012 at DLRG Station Glücksburg/Sandwig. (Attention: one ticket per person, identity card and personal attendance ist required!)**
- info: internet: www.foerdecrossing.de
e-Mail: orga@foerdecrossing.de
- liability: Participation is at your own risk.
- solo:
- | | | |
|-----------|-----------------------|--------------------|
| M16 / W16 | born in 96-93 | 16-19 years old |
| M20 / W20 | born in 92-83 | 20-29 years old |
| M30 / W30 | born in 82-73 | 30-39 years old |
| M40 / W40 | born in 72-63 | 40-49 years old |
| M50 / W50 | born in 62-53 | 50-59 years old |
| M60 / W60 | born in 52 or earlier | 60 years and older |
- team: There are female, male and mixed teams without differentiation of age. Every team has at least 4 but no more than 5 swimmers, their four best times are added up. A mixed team has to start with at least two women. The scores of the two fastest men and the two fastest women will be rated in the mixed teams.

The teams have to listed before 13.00h on the day of the event.

Announcing a team is free.

documents and
results:

Every competitor gets a document after the race, just after the award ceremony.

Documents and results can be seen on our homepage www.foerdecrossing.de as soon as possible.

Schedule:

10.00 – 13.30 h	Check-in
15.00 h	competition briefing at Glücksburger beach, afterwards driving to the start at Sønderhav / Danmark by boat
ca. 16.05 h	start
ca. 16.35 h	finish
ca. 18.45 h	raffle of prizes for all present competitors
ca. 19.00 h	award ceremony with Förde-Crossing party at “Glücksburger Strandmeile”

Other information:

We recommend arriving early because of rotation in the Danish summer houses on Saturdays traffic jams are likely to occur on highway A7 Hamburg-Flensburg. You can park your car at Glücksburg center or at the signposted parking lot.

All swimmers will be accompanied by boats of the DLRG during the whole contest. You can have a shower after the contest at Glücksburger Fördeland-Therme (swimming-hall).

If the weather won't allow us to cross the Förde we will swim a triangle course at Glücksburg beach. If we have to cancel the whole contest because of the weather we can't pay the entry fee back. We may change the terms of conditions.

You can get information about overnights in Glücksburg at the tourist bureau under hotline 0800–2020 040 or online at www.gluecksburg.de.

